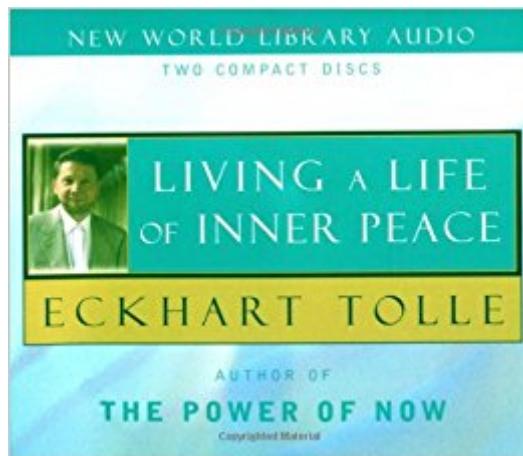


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# Living A Life Of Inner Peace



## Synopsis

For Eckhart Tolle and the millions whose lives he's touched, words that are spoken from a state of presence can carry seekers into that same state, the basis for all true spiritual teachings. Beyond the information that is being conveyed, something deeper happens. For the listener, a field of alert stillness arises where before there was mental noise, signaling the entry to a state of presence that precedes transformation. While Tolle's writing is not simple, he does not "speak down" to his audience in any way; his talks are far more informal, relaxed, and funny. Tolle makes people laugh at themselves, with the result being powerfully effective therapy. *Living a Life of Inner Peace* records one of Tolle's most moving, transformative talks. For those new to his teachings, this is an ideal introduction. Those familiar with his work, including the bestsellers *The Power of Now* and *Stillness Speaks*, should be prepared for something extraordinary.

## Book Information

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## Customer Reviews

Eckhart Tolle is the author of the New York Times bestsellers *The Power of Now* (translated into 33 languages) and *A New Earth*, which are widely regarded as two of the most influential spiritual books of our time. In 2008, *A New Earth* became the first spiritual book to be selected for Oprah's Book Club as well as the subject of a ten-week online workshop co-taught by Eckhart and Oprah.

--This text refers to an out of print or unavailable edition of this title.

Listening to a recording of a live presentation can be frustrating, at times leaving one with a sense of missing something by not being in the audience. Although there is some sense of that in this talk, it

is far overshadowed by Tolle's message and the advantage of being able to queue up the CDs and listen again. His informal, relaxed style includes plenty of humor and personal stories. At the core of his discussion is a profound and compelling simplicity. He is also easy to understand as he makes his ideas clear without condescension. J.E.M. © AudioFile 2005, Portland, Maine-- Copyright © AudioFile, Portland, Maine

Love his books, and now I can say, "I've heard his teachings" in person. Yes, you feel like E.Tolle is right there with you. One of Earth's greatest teachers. He has a wonderful gift of being able to reach the western world's hearts with the "Light". You will laugh and cry, and sometimes at the same time. He has such a great sense of humor and a gift to be able to reach the deepest part of your soul with the truth that no one else has been able to reach, so that you can grow beyond your existense and into the "Now". Peace, Ellen

For being introduced to Eckhart Tolle by a friend. This audio was very helpful, in some ways more than reading the words. I think listening is a better learning style for me personally. My life is continually growing in a spiritual way, and this audio is well worth having.

I find that anything Eckhart Tolle writes is both inspiring and transformational. His book "A New Earth is life changing".

like brand new or ever used, wrapped in bubble wrap, then cardboard & then sealed package. Arrived within time stated & in great shape! So satisfied I plan to order one for my sister.Eckhart Tolle was recommended by a friend, very interesting & much needed review to stay in the moment.Inner peace we all need!

This is the best place to start if you are curious about Tolle. While his books are provocative, interesting, and (if you take the time) enlightening, this particular recording is a very accessible and oftentimes entertaining introduction to his thinking. It is a recorded seminar with an audience and his delivery is conversational and sometimes quite funny as well. He comes across as this diminutive Yoda with a German accent but his ideas about consciousness, identity and spirituality are transfixing in a way that makes the catchy soundbites from the Chopra-like self help crowd seem amateurish and commercial by comparison. His thoughts on "presence" and "the NOW" will cause you to rethink your understanding of how we live our lives. You do yourself a big favor by at least

exposing yourself to these ideas.

I learned everything I know about the ego from Eckert Tolle and it has changed the way I view the thoughts I have. It has taught me which voice to listen to, and which voice to ignore.

The book I ordered, by Eckhart Tolle, "The Power of Now," has truly helped me to apply the things I have learned over the course of my life. We tend to forget how to enjoy the things that are the most important to us at the moment we are in. We let our minds get out of control with our thinking about the past and future, and do not access the true power within us right NOW. I watch my thinking very carefully now and live in the present moment. It's a book I will refer to often along the spiritual journey of life.

I just love all of his work. It is hard to write much more than to say to everyone purchase his work and listen to the CD's or read his books over and over again. It will change your life and I thank him for his insights and humour and honesty.,

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